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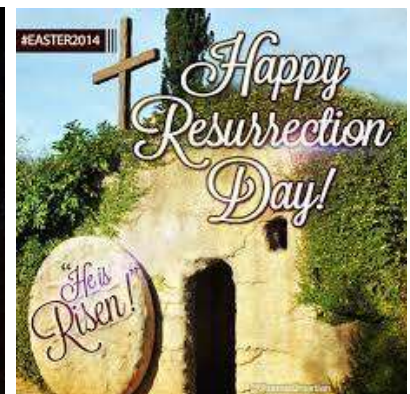
The annual subscription is thirty-six dollars (\$36), payable to Carmela L. Gobern

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THE SYMBOLS OF EASTER

Easter, which this year falls on **Sunday, April 17**, commemorates one of the world's greatest religious observances, the Resurrection of Jesus Christ. Throughout the ages various symbols and traditions have become unique to the celebration of Easter. These various Easter symbols and traditions are indicated below:

The Easter Bunny
 The Easter Basket
 The Easter Eggs
 The Easter Card
 The Easter Bun

The Easter Hymns, Anthem and Cantatas
 Special Easter Clothing and Hats and The Easter Parade
 Passion Plays
 The Easter Services

The Easter Sunrise Service
 The Easter Lily
 The Paschal Lamb
 The Tomb
 The Paschal Candle
 The Cross

All these Easter customs, accessories, symbols and traditions are reminders of the Easter Season, but they should not take priorities in our lives so that we miss the message of Easter. They merely serve to remind us of the meaning of Easter, the Resurrection and the life everlasting that God offers us.

Easter until the year 2027: April 9, 2023; March 31, 2024; April 20, 2025; April 5, 2026; March 28, 2027;

Today's Quote

“How easily we get trapped in what is not essential, in looking good, winning at competition, gathering power and wealth, when simply being alive is the gift beyond measure.”

Parker J. Palmer

NEWS BRIEFS AND INFORMATION ITEMS

EEUU confirma la visita de su Secretario de Estado a Panamá Antony J. Blinken, abril 19 y 20
https://www.tvn-2.com/nacionales/EEUU-confirma-visita-Secretario-Panama_0_6104389506.html

Gobierno autoriza actividades bailables, ferias y desfiles a nivel nacional:
https://www.tvn-2.com/nacionales/Gobierno-autoriza-actividades-bailables-desfiles_0_6097640266.html

Organizadores de eventos, positivos con nuevas medidas del Ministerio de Salud:
https://www.tvn-2.com/nacionales/Organizadores-eventos-positivos-Ministerio-Salud-video_0_6099140073.html

Monseñor Ulloa pide al Gobierno escuchar clamor del pueblo en protestas:
https://www.tvn-2.com/nacionales/Ulloa-Gobierno-escuchar-clamor-protestas-video_0_6099140113.html

Programa de Empleo Solidario busca generar 10 mil inserciones laborales:
https://www.tvn-2.com/nacionales/Programa-Empleo-Solidario-inserciones-laborales_0_6099140100.html

Preparar a candidatos independientes para 2024, la 'enorme tarea' de la coalición 'Vamos':
https://www.tvn-2.com/nacionales/Coalicion-diputados-independientes-capacitar-elecciones-video_0_6097640192.html

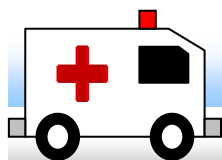
Los carnavales de 2023 serán memorables, afirma el administrador de la Autoridad de Turismo:
https://www.tvn-2.com/nacionales/video_0_6096890337.html

Panamá se prepara para ser sede en el 2023 de la lucha contra el tabaco a nivel mundial:
https://www.tvn-2.com/nacionales/Panama-prepara-lucha-tabaco-mundial_0_6096890310.html

Ricardo Lombana confirma acercamiento con Ana Matilde Gómez:
https://www.ecotvpanama.com/en-contexto/programas/ricardo-lombana-confirma-acercamiento-ana-matilde-gomez-n5687935?utm_source=OS_Push+&utm_medium=Push&utm_campaign=Push_ECOTV

Aeronáutica Civil: No se reportan víctimas tras accidente de aeronave en Costa Rica:
<https://www.telemetro.com/nacionales/aeronautica-civil-no-se-reportan-victimas-accidente-aeronave-costa-rica-n5689659>

Lectura de sentencia de los hermanos Martinelli Linares será en una sola audiencia el próximo 20 de mayo: https://www.tvn-2.com/nacionales/judicial/Lectura-sentencia-Martinelli-Linares-audiencia_0_6104389518.html



HEALTH & SAFETY

COVID-19 UPDATES PANAMA



El Ministerio de Salud (Minsa) informa que del **9 de marzo 2020** (el primer caso del virus en Panamá) hasta el **16 de abril de 2022**, se han acumulado un total de **768.594** contagiados, de los cuales **757,947** se han recuperado y **8.178** han muerto. Hay **0** defunciones, **174** casos nuevos del día y **2,469** los casos activos al día de hoy.

https://www.tvn-2.com/nacionales/Panama-lleva-seguidos-fallecidos-Covid-19-video_0_6105139472.html

Un total de **2,202** personas han fallecido sin tener el esquema completo anticovid en Panamá:
https://www.tvn-2.com/nacionales/personas-fallecido-completo-anticovid-Panama_0_6101389899.html

Región Metropolitana de Salud ha confirmado **48** casos de dengue en lo que va del año:
https://www.tvn-2.com/nacionales/Region-Metropolitana-Salud-confirmado-dengue_0_6099140091.html

¡Increíble! Un hombre se vacuna **90** veces contra el Covid-19 en Alemania para vender tarjetas falsificadas: https://www.tvn-2.com/variedad/de-todo-un-poco/Increible-hombre-vacuna-Covid-19-Alemania_0_6095390444.html

CONSEJOS DEL DR. OSWALDO RESTREPO



¿Se Te HINCHAN LAS PIERNAS? Podrías Tener Esto, Oswaldo Restrepo RSC:
<https://www.youtube.com/watch?v=AvlWbzdW1U4>

¿TOMAR CAFÉ A DIARIO Si Es Buena Idea? - Oswaldo Restrepo RSC
<https://www.youtube.com/watch?v=bLt52r6qrf8>

¿MULTIVITAMINAS, Si Son Tan BUENAS Como Dicen? - Oswaldo Restrepo RSC
<https://www.youtube.com/watch?v=4LdXxe6R84>

FROM THE EDITOR'S DESK

WE ARE PROUD TO ANNOUNCE THAT THE CYBERNEWS ONLINE CALENDAR 2022 WON A **BRONZE** AWARD FOR **“MOST ORIGINAL”** FROM THE CALENDAR MARKETING ASSOCIATION, ILLINOIS

Thanks to those of you who contributed to making this theme a reality by sharing your awesome photographs of your experience transitting our unique Panama Canal!



THIS IS A COPY OF THE AWARD CERTIFICATE:



Our winners notification can be seen online in the Bronze Category at the following link:

<https://calendarassociation.org/2022-world/>

LIC. WESLEY EDUARDO JONES, PANAMA



Mi nombre es **Wesley Eduardo Jones**, soy nieto orgulloso de la Profesora Adelaide E. Jones (Q.E.P.D.) abogado idóneo debidamente inscrito en el Registro de Abogados de la Corte Suprema de Justicia de Panamá, miembro del Colegio Nacional de Abogados de Panamá, y egresado con honores de la Universidad Interamericana de Panamá y en días recientes tuve el privilegio de inaugurar mi emprendimiento. Esta inauguración contó con la presencia del Pastor Frank Brewster, quien ofició un pequeño pero conmemorativo acto del que participaron familiares cercanos, amigos e inversionistas. Nuestro despacho, el cual ponemos a su entera disposición, se encuentra ubicado en la Ciudad de Panamá, Vía Domingo Díaz, Plaza Galápagos, frente a Villa Lucre, Local 16, al lado de la notaría décimo tercera, donde nos especializamos en el Derecho de Derecho de Familia, Penal, Civil, Comercial y Mercantil. Nuestra información de contacto: +507 39400-5055, +507 6484-9457 y al correo electrónico lic.wjones@gmail.com



Nota de la Editora: Wesley es hijo de nuestros suscriptores **Wesley y Yolanda Jones (Panama)** y es biznieto del **Rev. Ephraim Alphonse (Q.E.P.D.)**.



Ciudad de Panamá, Vía Domingo Díaz, Plaza Galápagos
Frente a Villa Lucre, Local 16, al lado de la notaría décimo tercera



NEDELKA PRESCOD, NEW YORK



"Black & Panamanian: Our Afro-Antillean Roots"

Nedelka F. Prescod and Jean-Paul Noel/BAC sponsored

<https://www.youtube.com/watch?v=V0-eM5j1h8>

With the participation of our **CyberNews Subscribers Nedelka F. Prescod (New York), Aubrey "Tito" Johnson (New York/Panama) and Norma Brown Harris (New York)**





Tema: Un extraterrestre ha sido enviado a la tierra a conocer el comportamiento humano. En su galaxia son muy avanzados tecnológicamente hablando. Hay muchas cosas que no entiende como los tabúes, las costumbres tontas sin sentido, los chistes, la forma de vestirse, entre otros. Pero hay cosas que si le gustan como el amor al prójimo y los sentimientos. Desea quedarse en la tierra pero para eso le han puesto una prueba muy difícil. Una comedia buenísima con temas que pretenden mejorar nuestra sociedad. Apta para mayores de 5 años.

Elenco: Abdiel Tapia, Sandy Correa, Elizabeth Jipsion, Anibal Espinosa y Ninibeth Rios. Para boletos o más información 6617-1978 boletosdeteatroaba@gmail.com

TEATRO ABA

Presenta la divertida comedia
“NO ENTIENDO A LOS HUMANOS”

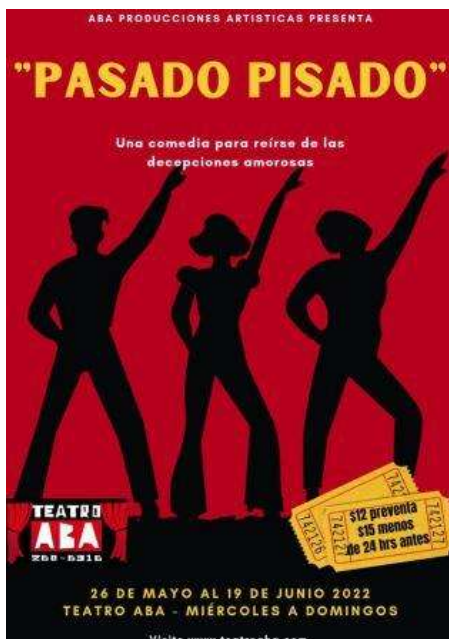
Del 21 de abril al 22 de mayo



"PASADO, PISADO"

Del 26 de mayo al 19 de junio

Una comedia para reírse de las decepciones amorosas:



Tema: Carlos e Irene se conocen en un café. Ambos han sido abandonados por sus respectivas parejas. Tristes y aburridos, ella le propone un juego. Intentar que sus vidas se vuelvan divertidas con la única condición de que no deben enamorarse. Solo que... cuando están en medio del juego, sus antiguas parejas vuelven arrepentidos y ellos tienen que tomar una decisión. Una comedia que les enseñará que las decepciones amorosas no son el fin del mundo. Hay mucho de qué reír.

Para más información: Yareli Cartin Horta

Teatro ABA

Tel. 6867-7022

boletosdeteatroaba@gmail.com



OLGA M, GABRIEL, MASSACHUSETTS

We invite you to listen to Olga's following Messages:
YOUR GIFT WILL MAKE A WAY:

<https://www.youtube.com/watch?v=NJNzYsYIaQ4>

"Hello, hello, hello, children of the Most High God! Please accept this invitation, and invite others and participate, and don't forget to drop by my YouTube channel Olga, Adonai's Child. Have a God-full day."

Olga, Adonai's Child

ADONAI'S DAVIS FOR YOU PRESENTS:

I Want To Know Him *summit*

Living An Abundant Life.

FREE VIRTUAL SUMMIT
JULY 10, 2022 - JULY 23, 2022
WITH OVER 20 SPEAKERS



HOSTESS: Olga, Adonai's Child

* He said to them, 'But who do you say that I am ?' Matthew 16:15

Editor's Note: The following is a Thank You Message from Olga, Adonai's Child:

Wow, Carm: I am very humbled that you would include me in the newsletter, what a privilege and blessing. Thank you very, very much from the bottom of my heart.

Olga, Adonai's Child

Leadership & Technology Corner

Terence H. Biggs Jr., born in Panama, spent 13 years as a Financial Executive on New York's Wall Street, and 29+ years as a business executive, entrepreneur, and leadership trainer. He's a published author, writer, speaker, and board member. Contact him: [LinkedIn](#) | [eMail](#) | [Amazon](#)



Constructive Criticism

By Terence H. Biggs, Jr.

In order to construct anything, a person doing the construction must develop plans that demonstrate different stages of project development. When the project first starts, it looks nothing like what it will look like when it is eventually completed. Transformational leaders know this analogy holds true when it comes to leadership development. Individuals that fall under our leadership go through several stages of development. Each time we are afforded the opportunity to provide constructive criticism, we have a chance to move people to their next stage of leadership development.

One of the highest honors that a leader is entrusted with is the development of people. Constructive criticism is a powerful tool and a superpower that gutsy transformational leaders use to provide their teammates with actionable feedback. It creates a positive environment where requesting help and asking questions that lead to development are encouraged and welcomed. I'm known for this saying, *"Never leave a room with another person's dignity in your pocket."* Constructive criticism allows you to fulfill this idea.

CyberSharing

An opportunity for sharing via cyberspace

WE INVITE YOU TO SUPPORT THE MARCUS GARVEY PROJECT AT THE PLAZA DE LAS ETNIAS IN AMADOR, REPUBLIC OF PANAMA



AMIGOS DE LA COMUNIDAD AFROANTILLANA DE LA PLAZA DE LA CULTURA Y DE LAS ETNIAS

To all concerned: **TO HONOR... IS HONORABLE!!!**

The Africans and their descendants, suffered the most horrifying humiliations of History, consistent with human rights violations. To those individuals, they have dedicated statues, avenues, schools, currency standards, maximum nacional awards and even highest condecorations, among other honors.

During his short existence, 47 years, Marcus Mosiah Garvey suffered oppression from those who were ironically honored. For this reason, from a very young age, he became a champion for the Human Rights of Afro-descendants. Consequently, he toured throughout the Caribbean, Central and South America. In Panama, through his Universal Negro Improvement Association (UNIA), he established a whole human structure consisting of preparing cadres to fight against the rampant discrimination that existed in Panama at the time, both in the Canal Zone (Gold and Silver Roll) and the consequences of the 1941 Constitution and also to constitute the Afro-Caribbean community in a highly respected entity.

On August 31, 1920, he launched himself into **UNIVERSALITY** of Afro-descendants by proclaiming the Declaration of the Rights of the Negro Peoples of the World. This Declaration precedes the UN's Universal Declaration of Human Rights, 1948.

With the Marcus Mosiah Garvey Project, the Afro-Caribbean Community of the Plaza de la Cultura y de las Etnias pays homage and recognition to this unique representative of all Afro-descendants.

We recall that the Garvey Project consists of the following:

- The Statue – Acquisition of the statue. Installation and affixing. **COMPLETED**
- Pedestal support – Granite cladding. Front engraving (biography). Lateral engraving (Donors according to norm). **IN PROCESS**
- Renovation – Grass and plants. Pressure washing and painting.
- Granite slabs – Refurbish and polish
- Maintenance – Schedule and finance
- Unveiling Ceremony – Schedule and finance

Our project completing goal is set at B/.50,000.00. So far we have raised some B/. 23,000.00. Your kind assistance with this project therefore, remains greatly needed and deeply appreciated. Any amount of donation is welcome, but those who contribute a minimum of B/.1,000.00, will have the option to see their names engraved on the side of the pedestal supporting thez statue. That sum will earn you a line of engraving, of a maximum of 30 characters, with golden engravement in capital letters. These letters will be a minimum of 2cm high.

Since all work must be programmed and financed, the largest collections of donations, subjected to engraving, must be delivered by the end of *June 2022*, at the latest.

Asist us in accomplishing this laudable feat!!

Unveiling of the statue will be on the *31th of August 2022*, International Day for People of African Descent, United Nations.

We appreciate your donation and copy of receipt:

Clarence George Jr. y Canute Cockburn
Banco General
Account Number: 04-49-98-901845-9

Clarence George Jr.
Coordinador

Points of contact

Clarence George Jr.	6618-8491	clarence.georgejr2@gmail.com
Canute Cockburn	6672-0782	canutec@gmail.com
Rogelio Tenturien	6673-8910	tenturien@gmail.com
Cedric Gittens	6612-3663	cgittens736@gmail.com
Fundación George Clark	345-2323	herbpine@gmail.com
Carmela Gubern	6675-4507	gobemci@cupanama.net

CULINARY TIPS BY CHEF YADIRA!

<https://esenciaspanamenas.com/>



Chef Yadira Stamp is inviting you to subscribe to her monthly newsletter. It is **FREE OF CHARGE**. *Esencias Panameñas* will be celebrating 10 years in November and the newsletter is one of the anniversary fun stuff she is doing throughout the year. Contact Yadira Stamp chomba117@hotmail.com

YOUR SPICES



Most people don't realize that the spices in our cabinets can actually go bad. Yes, they can go bad and lose their potency. Therefore, we should be discarding and replacing our dry spices every six months. Use a marker to notate the date you purchased your dry spices. Dry spices lose their efficiency and even a bit of flavor over time, so for truly tasty meals, make sure you keep them fresh!

INSPIRATIONAL THOUGHT:

The following is an inspirational thought from **Subscriber Bishop Stanley Webb (Pennsylvania):**

“When the storms of life are raging all around you read.....”
St. Mark 4:39



For biblical answers, send questions to biblicalcounseling@live.com

THE AMERICAN SOCIETY OF PANAMA (AMSOC) INDEPENDENCE DAY CELEBRATION JULY 2, 2022



WHEN: SATURDAY, JULY 2, 2022

TIME: 2 p.m. to 7 p.m.

WHERE: Wyndham Hotel Convention Center

COST: \$15 entrance (includes hot dog or hamburger, chips, soda and apple pie, and of course, being able to listen to the BEST band. **"SHORTY AND SLIM"**)

Pay Online: <http://amsoc.org/product/july-4th-celebration-on-july-2nd/>

- *Kid's area (popcorn, cotton candy, snow cones, face painting, bouncers (*brinca, brinca*))
- *Door prizes
- *Special room rates \$89 includes breakfast for 2
- *Lots of fun

email: amsocpyevents@gmail.com or Cell phone: 6159-0005 (WhatsApp)

AN INVITATION TO JOIN THE AMERICAN SOCIETY OF PANAMA:

The American Society of Panama Board of Directors extends an invitation to our community to join this great organization and to our former and current members to renew or reinstate their membership. We are an all-volunteer non-profit organization registered in Panama in 1931. All funds collected are used for our various charities and scholarship programs. **Our New Member fee for a family or single person is \$60 and Membership Renewal is \$50 and applicable for the 2022 calendar year and can be paid online at www.amsoc.org.**



Founded in 1931, and after 90+ years of existence, The American Society of Panama now has a membership that includes Americans and Panamanians, as well as citizens of other nations residing in Panama. We are a non-profit organization, and are duly recognized as such by the Panamanian Government.

We had a rough last 2 years with COVID restrictions and safety measures. We were able to raise \$5,000 to continue our philanthropic endeavors to support our less fortunate community with food and needed supplies. Our mailing address is: The American Society of Panama, Apartado 0843-00166, Panama

SOCIALES

Happy Birthday to Sabrina Sutherland



Sabrina Aurelia Sutherland celebrated her birthday on April 5 at her home in Denver, Colorado, where she enjoyed dinner in the company of her mother Celestina Grannum-Gayle, her stepfather Bill Gayle, her brother Ricardo and son Marcus. A delicious *Cold Stone* birthday cake was the dessert. Sabrina stays busy working from home. She enjoys taking her son to various places and activities. Mom Celestina shares the following: *“Sabrina is a very thoughtful and helpful daughter, always caring and willing to do much for others. We love ♥ you Sabrina and may God continually Bless you in all that you do.”*

IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE First Panamanian Chairman of the District (Bishop) of the Methodist Church (MCCA), Evangelist, Preacher, Linguist, Translator, Pioneer, Author, Composer, Playwright, Teacher and Missionary to the Guaymi Indians (Gnabe-Bugles).



Editor's Note: This special feature on Rev. Ephraim Alphonse came about on the suggestion of **CyberNews Subscriber Ricardo Bowen (photo left)** who shared the following on March 12, 2022. I immediately embraced his suggestion. **“Thank you, Ricardo, for this valuable opportunity, which allowed so many of us to reminisce of the legacy of this great man of God!”** **CLG (Carm)**



Hi Carmela: It will be interesting if Cyberspace News published an article on the life of the late Rev. Dr. Ephraim S. Alphonse, Methodist Missionary and a recipient of Panama's Order of Vasco Núñez de Balboa. I remember when I was very young, he frequently preached at the Methodist Churches on the Atlantic side. In all instances, fulling the pews and mesmerizing church members with a strong sermon delivery. I'm confident that folks and record information are available for the completion of a great article. Also, congratulations to you and staff on the 21st anniversary of the news publication. Thanks for your efforts and please keep up the good work. Regards,

Ricardo F. Bowen (New York) RBowen5@hotmail.com

HIGHLIGHTS OF THE LIFE OF THE REV. DR. EPHRAIM S. ALPHONSE

- **Ephraim Simeon Alphonse** was born on June 24, 1896 on the island of Carenero, province of Bocas del Toro. His father was John Alphonse (from Martinique) and his mother was Carlotha Reid de Alphonse (from Bluefields, Nicaragua).
- He was educated in Bocas del Toro between 1903 and 1920 and subsequently traveled to Kingston, Jamaica, where he attended Calabar Theological College from 1924 to 1926.
- His mentor was the Reverend Mortimer Surgeon, a Methodist missionary sent from Jamaica.

HIGHLIGHTS OF THE LIFE OF THE REV. DR. EPHRAIM S. ALPHONSE

- **Ephraim** married **Philibert Hyacinth Oglivie** on October 19, 1919, who being musically talented, she was able to assist in the production of the hymns that he wrote. They became the parents of 11 children: **Sylvia, Philip, Saidie, Eulalia, Philibert (the twins), Onofre, Mola, Ivan, Alford, Adelaide and Lilia Maria**. If he and his wife were alive today they would be proud of their **16 grandchildren and 28 great-grandchildren**.



- **Editor's note: CyberNews Subscribers Rev. Alford Alphonse (Florida) and Lilia Maria Alphonse-Francis (Brazil) are the only two surviving children.** Three of their 16 grandchildren are **CyberNews Subscribers: Wesley Jones Sr. (Panama), Arlene Jones-Austin (Virginia) and Walter St. Jones (Florida)**; One great-grandchild **Wesley Jones Jr. is a CyberNews Subscriber** (see page 5 of this edition).
Photo: Ephraim and Philibert with children Adelaide, Lilia Maria and Alford.



- He was a prolific writer and translator. He was also a composer who compiled a hymn book and a catechism. In addition, he was a playwright having written and staged the following plays: *"Youth-time and Eternity"* and *"The Gospel Ship."* He was the author of *"Among Valientes"* and *"The Pageant of the 4th Force."*
- For 12 years Ephraim lived among the Guaymi indigenous tribes, immersing himself in their language, culture, folklore, heritage, legends and tribal history. He was able to put their language in written form and he used it to teach them about God. He subsequently went on to seminary to study to be minister. After completing his studies, he returned to the Valiente Peninsula as an evangelist and as such he was able to translate the New Testament into their language (published by the Bible Society). He was the creator of the Guaymi-English-Spanish Dictionary.
- He was honored on several occasions by the Panamanian Government, awarded: *"La Orden Belisario Porras"* and in 1963 the highest honor: *"La Orden de Vasco Nuñez de Balboa"* for his outstanding contributions among the Guaymi indigenous villages (photo). He was also awarded the Keys to the City of Panama by the Panama Municipality.
- He was featured in *Who's Who of Jamaica* (1944-1946) for his work among the Guaymi Indians. In 1982 Rev. Alphonse received the honorary degree of the Doctor of Laws from the University of the West Indies, Mona Campus in Kingston, Jamaica.



- Among his travels we can include Jamaica, Costa Rica, France and England. In 1988 at age 92 Rev. Alphonse was the special guest at the Newcastle District Synod at Chesterland, England and he was accompanied by his daughter Sylvia Alphonse (photo).
- The Reverend Dr. Ephraim S. Alphonse passed away at his home on May 31, 1995. He was 99 years old. A celebration of his life was held at Wesley Methodist Church in Panama City on June 5. He was laid to rest in Cusapin, Bocas del Toro on September 5, 1995.



IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

My most vivid memories of Rev Alphonse was, his dynamic preaching and teaching and when at the age of twelve, I attended the preparation class which purpose was to explained the plan of Salvation and the importance of communion, ultimately to be included in the Body of Jesus Christ. This has been etched in my mind from that day forward. I recalled on several occasions I joined my parents Roy and Christine McGrinson with Rev Alphonse for Evangelism and visiting the sick and shut-in and he would pray, encourage and administer communion on each visit. Each interaction with Rev Alphonse was a teachable moment.

Felicia McGrinson-Joseph (Texas)

Rev. Alphonse officiated at the marriage ceremony of Eva Gallardo and Fernando "Chico" Miller at the Rio Abajo Methodist Church on February 20, 1980.

Eva Gallardo (Panama)



I don't know exactly when it was that Rev. Alphonse came to my church--First Isthmian Baptist in Colon. It could have been a Sunday night service because I vividly remember that, as he was leaving, many folks were greeting him on his way out, and he was writing notes in their Bibles. I stood in line and waited for him to leave me a note as well. He wrote the quote in the Bible I was using at the time. I have sent the image in the attachment.

"To love when reason and commonsense say hate is genuine Christianity". That must have been over 30 years ago because I was not married then. Pity I didn't date it. It is such a profound statement that, to date, I can't really put a conclusive meaning to it. I even consulted it with Rev. Danoval Johnson, an avid writer and Bible scholar, who preached several times and gave many studies on stewardship at our church. He gave me an explanation, but I don't remember it now.

Xiomara Lewis (Panama)

Hi Carmela: My mother (Beulah Small) found this photo that has Rev. Alphonse in it. You, my mother. Your sister Melva and my brother Mario are also in the photo. It was taken from a **"Graduacion Obreros Aprobados"** which took place at the Rio Abajo Methodist Church on Sunday May 31, year not indicated.

Charita Small (Panama)



IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Hello, Carmela: Rev. Ephraim Alphonse baptized me and always referred to me as his "baby girl." I love him to eternity.
Isabel Fawcett (Indiana)

Hi Carmela: Thank you very much for remembering Reverend Ephraim Alphonse, this great man of God. My greatest moments with Reverend Alphonse were his Teachings of the Bible. He Received me in the Methodist Church in Paraiso former Canal Zone. I remember I didn't study my Bible Verse during the Preparation Classes and one of the Candidates reminded me of "Jesus Wept ". Reverend Alphonse knew I didn't study that week and he accepted it. I remember I was one of the Sailors on "The Gospel Ship" a play he wrote and directed. The performance was held at Paraiso Jr Sr School Gym. The Men of the Church built the ship for the play. Reverend Alphonse preached at my grandmother's funeral, Mrs. Adela Howard at our little yellow church on The Hill in Paraiso. His sermon was titled "The Sting of Death." We treasure the memories of our Great Spiritual Leader "The Reverend Ephraim Alphonse." Thank you for giving Honor to a Great Man of God!
Delano Steele (New York)

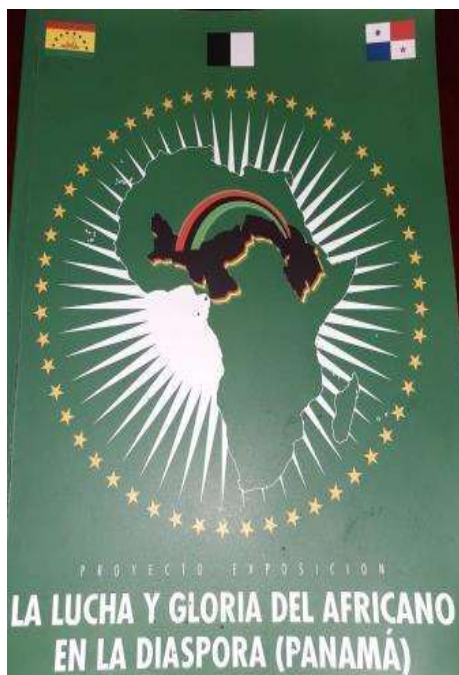
In the play that he wrote and directed "The Gospel Ship" there were people from other church denominations participating, I was from the Gamboa Seventh Day Adventist Church. Father Went was from Paraiso Anglican Church and a lot of other people were also involved. I remember Going to his church in Paraiso and being a part of a Play he and his daughter produced ,The Gospel Ship. It was a big hit for the Rev. I remember well I was a student of then Ms. Mola Alphonse.
Melvin Allen (U.S.)



We are proud to share the fact that the grandson of the late Reverend Dr. Ephraim S. Alphonse, **Walter St. Jones (Florida)**, is the Webmaster for the Panama Cyberspace News: www.panamacybernews.com

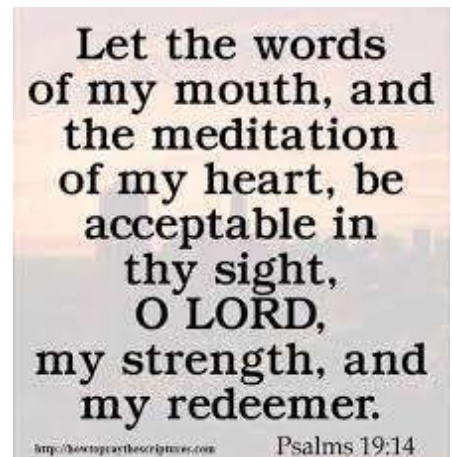
Panama's Rastafarian community published a book on some of our glorious people. It was formally submitted to MEDUCA and MIDES as part of a policy of inclusivity. I recommended "the late Rev. Dr. Ephraim S. Alphonse" (see be;pw)...the bland write-up was beyond my control.

Ricardo Richards (Panama)



IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

The first thing I recall about Rev. Alphonse, is the Bible verse he used in commencing his sermons at church: ***“Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord my strength and my redeemer.”*** Since then, that Bible verse has inspired me in difficult times towards prayer. I grew up in Ebenezer Methodist Church of Silver City, Canal Zone in what is now known as “Arco iris, Colón”. Our elders ensured that we learned the Methodist faith, belief, practices and responsibilities. Religious education came in two forms, one by our teaching instruction at Sunday School. The other was from the preacher’s homily at church. Rev. Dr. Ephraim Alphonse was a master at his craft. He visited frequently at our Wesleyan and Ebenezer Methodist Churches. He was the special guest that filled our pews with church goers who were always eager to receive his message. In all instances, his delivery was inspiring and precise; bringing us all closer to our redeeming master. My single most memorable time with the esteemed pastor was when Lesley Anderson, Oliver Babb, Canute Cockburn, George Scott, and I were received into the church as members by Rev. Alphonse. The event was a spiritually moving experience that I will never forget. Rev. Alphonse was well respected by members of our congregation, for his ability to address people at church and his missionary work in Chiriquí and Bocas del Toro area. Reports credit him with bringing the four gospels of the Bible to the Ngäbe and Buglé indigenous people of that region. He was truly a man of God, blessed with the calling to do good for mankind by sharing his Christian faith acceptance with all people.



Carmen Spence (Panama)

As the youngest daughter of Ephraim Alphonse, a storehouse of memories comes to mind of his steadfast faith in Jesus Christ. His willingness to share and provide guidance, not only for his children but also for the communities he served, was notable. He was a kind and generous man who demonstrated his faith in his day-to-day living. His sermons were always prepared with care, thoughtfulness and encouragement to reflect on our daily experiences with the hope that we would practice our belief in Jesus Christ. As I remember the many sermons that he preached, I recall that his favorite Bible verse was included in the prayer at the beginning of his sermons. The verse in question is at the end of Psalm 19 and reads “Let the words of my mouth and the meditation of my heart be acceptable in thy sight O Lord, my rock and my redeemer.” In the many years of his life as a pastor he practiced these words, extending them to members of his family and also to the many visitors he brought home to share in our family worship and meals. As children, we irreverently called these visitors “strays”. And so, it is with happiness and quite a bit of “cabanga,” that I share these thoughts of Papa.



Dr. Lilia Maria Eloisa Alphonse Francis (Brazil)

As the son-in-law of Reverend Alphonse I have many fond memories of him and his work. With time he rose in position and responsibility within the church and he also rose to the occasion. He had files and files of sermons and messages. He was untiring in studying and producing inspirational messages for church congregations as well as individual members. When we visited Panama I sometimes served as his chauffeur in their old green Volkswagen bug. It was not unusual for him to provide the sermon in three different churches on one Sunday morning. And, since the churches were in varying stages of growth and development, he usually had tailored (different) sermons for each church. I appreciated the depth and content of his messages although it was a bit more difficult to understand his driving instructions as he waved his hand outside of the passenger side window: "Turn that way, quick!" These memories have grown even stronger with time. The influence and inspiration of Ephraim Alphonse on many many people over the years.

David Francis (Brazil)

IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Rev. Ephraim Alphonse was a key figure in my spiritual and intellectual development. I remember always being present at the Paraiso Methodist Church whenever he was scheduled to preach because his sermons always inspired me to think outside of the box. When I returned to Panama after spending two years in Africa, I remember going to his office at the Wesley Methodist Church in Panama City to share my thoughts on the cultural and historical connections between Africa and Panama. He was able to share many anecdotes that helped to clarify some of the perspectives that I shared. We owe him a debt of gratitude for his contribution to the development of Panama. **Melva Lowe de Goodin (Panama)**



My memories of *Abuelito Alphonse* are of his many words of wisdom. I learned from him about the Spring and Fall Equinox, and to how Easter Sunday is determined every year. Easter falls on the first Sunday following the full moon after the Spring Equinox. Additionally, as a child, I first heard the following quote from Rev. Alphonse, and I still think of him whenever I

hear it: **"If you want something done, ask a busy person."**

Cynthia Lowe (Florida)



I have fond memories of our beloved Rev. Alphonse and would like to sum it up as the four **Gs**: **A GODLY, GENEROUS, GOOD AND GREAT MAN**, who also knew the importance of creating a legacy and *passing the baton*. His son, **Alford** took up the baton, successfully followed in his

father's footsteps and became a minister who subsequently served as Chairman (Bishop) of the Panama/Costa Rica District (MCCA). I congratulate Rev. Alford for taking the baton from his father. I am also proud that the Rev. Alford Alphonse officiated at my wedding at



Wesley Methodist Church on January 1, 1976. Photo (L-R): Rev. Luis Veagra, Rev. Alford Alphonse and Rev. James Ottley. **Carmela Lowe de Gobern (Panama)**

Rev. Ephraim Alphonse and Mama Philibert Alphonse became good friends of my parents Roy and Christine McGrinson. In addition to always being at the Rio Abajo Methodist Church whenever Rev. Alphonse preached, they periodically came to our home for lunch after visiting the sick and shut-ins. I enjoyed his visits to our home, because I always learned new English vocabulary words. He would always quiz me to find out, if I remembered the last word we discussed. One year we had a terrible swarm of mosquitoes and I had to define the word entomology (study of insects). I did not know it at the time, but it forced me to learn a long list of scientific studies, which I still remember to this day. I spent time with his daughter Mola, whenever he and Mama Alphonse were out of the country of Panama, so that she would not be alone at the Manse. The Manse was located on the upper level of Geddees' Hall, which often became deserted at sundown. Geddees' Hall is right next to Panama Wesley Church in the center of the city. His other daughter Maria encouraged me to travel to Bocas del Toro province, to go to camp, so that I could experience Cusapin in the Valiente Region, with its breath-taking beauty. She gave me my first canoe ride which overturned when a master wave hit us head on. I never got back into the water for the rest of the trip. Later in life, Maria and I met up in the country of Brazil, where she lives with her family and I was doing a two-year sabbatical in Brasilia, Brazil. Rev. Alphonse almost convinced me to become a deaconess. He was recruiting and encouraging young people to send them to Jamaica for training, however I was in the process of making plans to study in the United States, because I had obtained an academic scholarship. He influenced so many of us not only to pursue academic growth and success, but to bone up our spiritual fortitude, because without a solid foundation in Christ, we are unable to overcome any challenges the future might bring. **Christina McGrinson (Panama)**

IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Remembering one of our pillars of our Methodist christian family-Reverend Ephriam Alphonse. He was not only a Rev, he was a teacher, mentor, father, a "Beacon of Light" wherever he was called by God to serve. We enjoyed his sermons, he was funny, witty, warm, always had that soft welcoming smile. Reverend Alphonse not only preached a sermon, he was a sermon. We remember the time, Grandma Hilda Gordon Lee, was recovering at home and Reverend Alphonse, would come to the house and visit. Every 1st Sunday, he would give our grandma communion. That was Reverend Ephriam Alphonse, a faithful servant of God, always tending to the flock.

Jean and Edward Olds, The Cockburns: Carla, Donna, Melba and Rene

The Rev. Dr. Ephraim Alphonse was a household name when I was growing up in Jamaica. He and his family were friends of my parents, the late Lancelot and Olga Brown. My Mum is cousin to Mrs Sybil Josiah, Jamaican nurse who married the late Episcopal Minister, Padre Dennis Josiah. Aunt Sybil still lives in Panama and continues her outreach to the elderly and anyone in need. Rev Dr Alphonse had a major impact not only on my Mum who grew up in the Methodist Church in Jamaica and often spoke about him but also on my own life and my linkages with Panama and the Methodist church in the Caribbean and the Americas (MCCA). I first met Rev Alphonse who we fondly called 'Abuelito', in the 1980s, at a Methodist Youth camp'. This was during my first visit to Panama as the Caribbean Conference of Churches (CCC) Youth Coordinator for the Northern and Western Caribbean (which included Panama and Costa Rica). He warmly embraced me on learning who I was and said: "You are Lance and Olga's pickney?". Then he said: "" So I'm your grandfather! The rest is history. To know Abuelito was to love and respect him. He was a gentle giant, with an angelic smile that warmed the heart. Abuelito was a legend, a storyteller. I greatly admired this Methodist missionary, a pioneer; a scholar who learnt the Guaymi language, wrote a grammar, then translated chapters of the Bible into the Guarami language. Abuelito was a brave man with a strong faith who travelled far and wide to spread the Gospel. I focused on him when faced with the challenge of spending three hours on rough seas, crossing from Bocas del Toro to Cusapin in a small motor boat, with no life jacket, piloted by an indigenous man from Cusapin who spoke neither Spanish nor English. it was a test of faith for me and my CCC colleague Mr Mel Lumley, the Agricultural Officer. The memory of Abuelito having travelled and survived this journey several times kept me going. I also reflected that if we are in solidarity with the poor, this is how the poor travel. A lesson for life and a test of my Christian faith. It was always a joy when Abuelito and Mama Sylvia visited my parents in Jamaica and our families remained close for several years afterwards. Abuelito's son Rev Alford (Fred) Alphonse, his wife Hope and their family always made me feel welcome. The foundation that Rev Ephraim Alphonse laid in Jamaica, Panama and Costa Rica provided opportunities to meet other Methodists including the Lowes/Goberns, the Andersons, Casandara McGrinson and many more. Our daughter Jessica also benefited from these friendships during the year she spent as an exchange student in Panama where she was nurtured and supported by Aunt Sybil, Carmela and her family and many others. I thank God for Abuelito's purpose-driven Christian life, his legacy, the lessons he taught us and the friendships that have endured over the years. My husband Hopeton and I are currently living in Botswana (Southern Africa) and join the CyberNews Panama family in contributing to this remembrance to celebrate the life of Rev Dr Ephraim Simeon Alphonse.



Leith L. Dunn Ph.D., Jamaican Sociologist and Gender Specialist (Botswana/Jamaica)

Hola hermana Carmela: This is an appropriate and honorable recognition gesture. I didn't know the Reverend Alphonse but may God continue to bless and to honor his memory and family. This is a very good initiative and perhaps a memorial for others such as Reverend Father Spalding or Principal Alfredo Cragwell or Professor de Música y Director de la Banda de Bomberos de Colon Reginaldo Prescott at least every quarter would be appropriate. **Gracias y qué continúe disfrutando de las tremendas bendiciones y favores del Señor.**

Santiago Wood (Florida)

IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Emerson McGrinson and Dorotea Howell de McGrinson

Wedding ceremony officiated by the Rev. Dr. Ephraim Alphonse and the Rev. Mario Nicolás
December 23, 1972, Rio Abajo Methodist Church



Dorotea McGrinson (Panama)

The awesome painted portrait (right) of the Rev. Ephraim Alphonse is the work of our own Panamanian artist **Eduardo Augustine Sr.**, a member of the Rio Abajo Methodist Church. This painting may be seen in the Ephraim Alphonse Hall at the Rio Abajo Methodist Church, located at 13th Street, Rio Abajo, Panama City.



Publicacion en el diario La Prensa 7 de julio de 1991
Submitted by Beulah Small (Panama)



IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Members of Panama-Costa Rica District Synod held in Colon Circuit, 1985
 Photo submitted by Beulah Small (Panama)

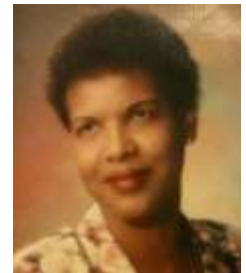


WESLEY E. JONES SHARES THE FOLLOWING

*I'm proud to be part of the Alphonse Scholarship Fund"
 (Helping the Guaymi People of Bocas del Toro through Education)*



When my mother, **Adelaide Alphonse de Jones** started the **Alphonse Scholarship Fund** shortly after his death in 1995, I would often talk with her on how this initiative was going. While I was glad about what was being done, I often left the conversation with a nagging feeling that this could and should go to the next level. When my mother became seriously ill in 2012, I started wondering what would become of this wonderful initiative. After praying about it, I decided to jump in. When my mother passed away in 2015, I stepped into her shoes as



Convener. **I am proud to "pick up the baton" to preserve the legacy of our grandparents.**



The logo of this project is "**Changing Lives Through Education**" because Rev. Alphonse believed in education as a tool for liberation. He not only believed it but modeled it as a lifelong quest. He instilled it in his children and grandchildren. I'm impressed by the fact that every one of his children and grandchildren has achieved at least a college degree. I aim, with the help of the whole Alphonse Family and many, many friends to take this project to a whole new level as we see Abuelito's vision of helping the Guaymi (Gnabe Bugle) people through the gospel and education alive again. **I'm proud of that!**

Persons in Panama who would like to support this scholarship fund may donate to this account: **WESLEY EDWARD JONES ALPHONSE Banco General Cuenta de ahorros 0472982018734**

Persons from overseas can support his effort by donating safely through the following website: AlphonseGuaymiScholarshipFund.com

For more information contact Wesley Jones at (507) 6612-5685 or wesley.jones724@gmail.com

IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

Rev Alphonse wrote an inspiring letter to Rev Mario Nicolas, previous to Rev. Nicolas' assignment as Chairman of the Panama/Costa Rica District of the MCCA

Submitted by Marlo Nicolas (Panama)

Apartado 6-387 El Dorado
Panama

July 5, 1986

My dear Mario:

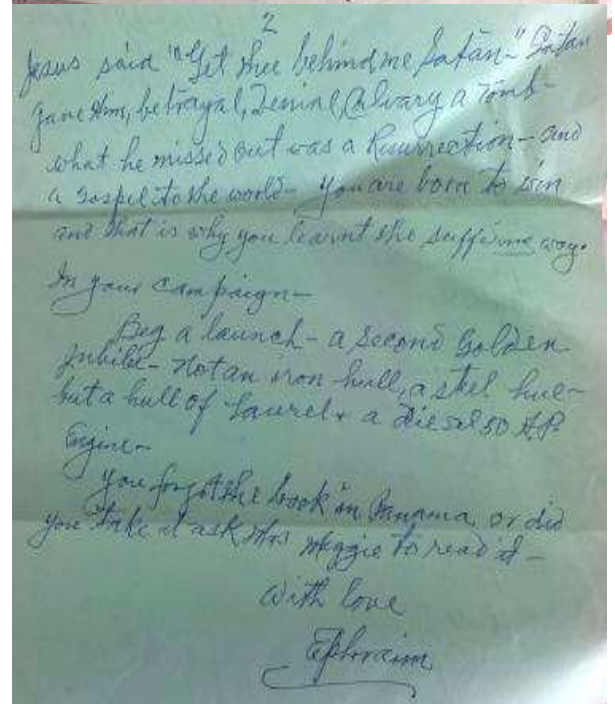
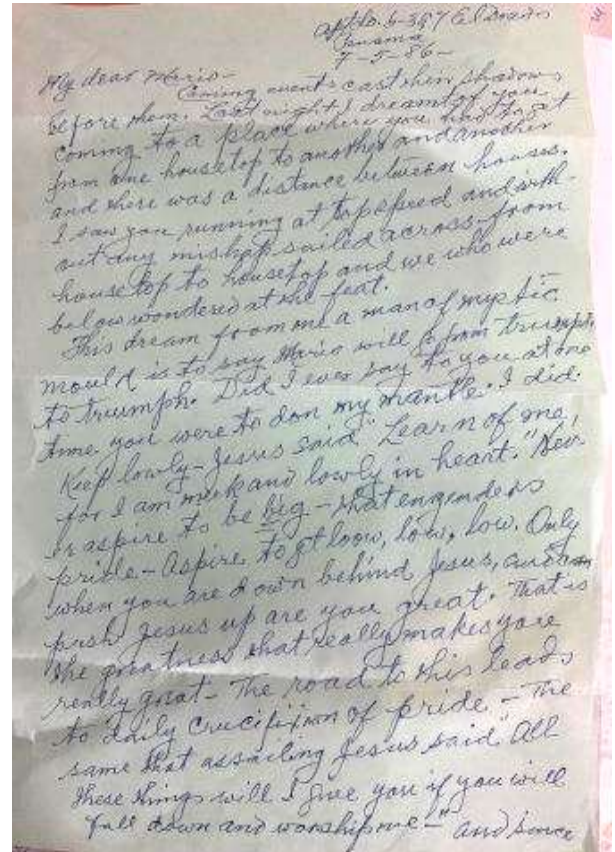
Coming events cast their shadows before them. Last night I dreamt of you coming to a place where you had to get from one housetop to another and another and there was a distance between houses. I saw you running at top speed and without any mishap sailed across from housetop to housetop and we who were below wondered at the feat.

This dream from me, a man of mystic mold, is to say Mario will go from triumph to triumph. Did I ever say to you at one time you were to don my mantle. I did. "Keep lowly" Jesus said. "Learn of me for I am meek and lowly in heart." Never aspire to be big...that engenders pride. Aspire to get low, low, low. Only when you are down behind Jesus and you can push Jesus up, are you great. That is the greatness that really makes you great.

The road to this leads to daily crucifixion of pride. The same that assailing Jesus said: "All these things will I give you if you will fall down and worship me." And since Jesus said "Get thee behind me Satan." Satan gave him betrayal, denial, Calvary, a tomb. What he missed out was a Resurrection and a Gospel to the world. You are born to work and that is why you learnt the suffering ways. Etc.

Editor's note: I made an effort to transpose the handwritten letter, but since I did not have the original letter, some of it was not legible from the copy submitted. In any case, I believe you have gotten the gist of the communication from Ephraim to Mario written in 1986. **CLG (Carm)**

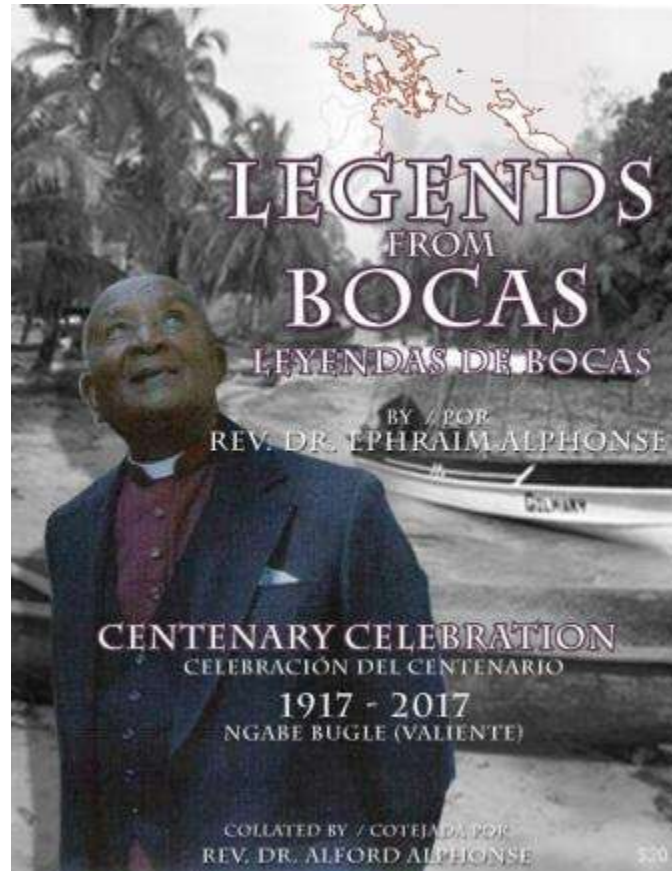
OUR SINCERE APPRECIATION TO THOSE OF YOU WHO COOPERATED TO MAKE THIS PROJECT A REALITY!



IN REMEMBRANCE OF THE LATE REVEREND DR. EPHRAIM SIMEON ALPHONSE

The book *Legends from Bocas*, authored by Rev. Dr. Ephraim S. Alphonse and collated by the Rev. Dr. Alford Alphonse, is available for purchase at this link:

http://alphonseguaymischolarshipfund.com/?page_id=1135



“Legends are the memory of a people.” With these as our opening words, we invite you to share the experience of one of the most prolific pens of the Province of Bocas del Toro.

The idea for this book was conceived when Rev. Dr. Ephraim S. Alphonse wrote three stories for the Bocas Creole English research team. Professor Adelaide E. Alphonse de Jones felt that stories of this nature might fill the need for reading material for beginning students in the English Department at the University of Panama, since most of the texts on the market were either too expensive or too unrelated to the everyday experience of our students. Rev. Dr. Alphonse willingly wrote these several stories, which relate episodes of life in Bocas when he was a child. Included also are two stories written in ‘adapted’ Bocas Creole English, a fable, as well as a biographical sketch of the author.

All stories and essays were edited by Professor Adelaide Alphonse de Jones. Upon her passing in 2015, these documents were discovered by Dr. Ephraim Alphonse’s great granddaughter Shari St. Jones. The family decided to compile these stories to honor him and to celebrate his pioneering work with the Ngabe Bugle’ (Cusapin) in 1917.

Proceeds from this effort will go towards providing transportation for the Cusapin/Bocas Del Toro District.

YOU ARE INVITED TO JOIN THIS BOAT RIDE PARTY TOUR ALONG PANAMA BAY ON FRIDAY, MAY 27, 2022 FROM 5 TO 9 P.M.

This invitation is from:

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IN MEMORIAM

OUR SINCERE CONDOLENCES TO THOSE WHO HAVE LOST LOVED ONES.

A THANK YOU MESSAGE FROM SUBSCRIBER MYRNA ATKINSON

Dearest Carmela:

The Catóns, the Atkinsons and the González family join together to say Thank You for your sincere condolences extended to us all at this very special time in our lives! We also want to say, Thank You, Carmela for such an outstanding presentation of the Memoriam Section of the *Panama Cyberspace News* at such a short notice in recognition of our beloved **Rosie Catón (R.I.P.)** Therefore, I Myrna do believe strongly and will never take it for granted that time spent with Loved Ones is just too Priceless! Thanks be to God for allowing us all to be a part of this Awesome Memory and Special Life's Journey in God's Kingdom! Thank You Once More and be Blessed Always.

Myrna E. Atkinson (Texas)



Dr. Roberto "Beto" Benson, 81, cousin of CyberNews Subscriber Victor "Tony" Luscap (California),

passed away at his home in Knoxville, Tennessee on March 30, 2022. Dr. Benson was a native of Colon and a former resident of Rainbow City, Canal Zone. After completing his secondary education at Colegio Abel Bravo, he earned a Bachelor's degree in Physics from the University of Panama. In 1970, Roberto received a scholarship to study at Lewis University in Romeoville, Illinois. He received a Bachelor's degree in Chemistry and earned his Ph.D. in Physical Chemistry of Polymeric Material at Florida State University in Tallahassee, Florida. Upon receiving his graduate degrees, Roberto embarked on a journey that took him to the University of Utah for eight years and contributed to research on developing the artificial heart. Dr. Benson later joined the Department of Materials Science and Engineering at the University of Tennessee – Knoxville and was a professor for 32 years, serving as Associate Department Head for 12 years and Department Head for one year. In 2018, Roberto retired as a Professor Emeritus in the Department of Materials Science and Engineering at the University of Tennessee in Knoxville, Tennessee, where he would spend the rest of his life. A celebration of his life was held on April 9 at Rose Funeral and cremation – Mann in Knoxville, Tennessee; His final resting place will be in Panama. Among survivors are wife Barbara Glanz; his daughters Zuleika Benson-Fleming (spouse Reginald Fleming), Blanca Benson-Felix (Dr. Pierre Felix), Liza Benson-Dirl (spouse Keith Dirl), Angelina Benson-Glanz (spouse Jason Allard); his sons Renier Benson (spouse Hakira McLean Benson), Javier Benson-Glanz (spouse Patricia Wu Benson); 13 grandchildren; his sister Felicia Benson, Lucia Davis, Marjorie Franklin, Dorotea Howard and Modesta Hanley, several nieces, nephews, great-nephews, and great-nieces. He was preceded in death by his parents Alexander Benson, and Edna McLaren-Benson; his brothers Luis Benson, Jose Benson; his sister Patricia Anglin; and nephew Jairo Howard.



A recording of his funeral service can be viewed at the following link:

https://m.facebook.com/RoseMannHeritage/videos/celebration-of-life-for-dr-roberto-s-benson/1570026520032106/?ref=page_internal&_rdr

The complete obituary for Dr. Roberto S. Benson is available at this link:

<https://www.rosefuneraltn.com/obituaries/Roberto-Benson#!/Obituary>

Editor's note: We were honored to have Dr. Roberto Benson grace the pages of the September 15, 2021 CyberNews, when he was featured in the segment *Panamanians around the Globe*. Our sincere condolences to his cousin **CyberNews Subscriber Tony Luscap**.

CLG (Carm)



Panama-born **Goudrich Antonio Williams**, 71, beloved father and grandfather, passed away on Friday, April 1, 2022 at Jackson South Medical Center in Miami, Florida. A lifelong guns man, Tonito or Tony as he was known among his family and friends, grew up and went to school in the Canal Zone communities of Gamboa and Paraíso. He subsequently moved to Parque Lefevre and graduated from Tomas Alva Edison in 1969. After being employed with the Panama Canal Company in various positions he decided to join the US Navy in 1976, where he served for a total of 11 years both active and reserve duty. After living and working in New York for 11 years Tonito, Lucia and their two sons Duanne and Derrick relocated to Miami, Florida. He was an avid collector of firearms. His love of firearms, serving and protecting has always led him to positions involving all the above. His last assignment to protect and serve was at the Ritz-Carlton Key Biscayne, Miami as a Loss Prevention Officer. **Funeral arrangements are pending.** Among survivors are his sons, Duanne {spouse Yahili} and Derrick {spouse Alexis}; former wife Lucia; 5 grandchildren; cousins, Vilma, Priscilla, Melida and Richard. Compadres Lissandro and Mark and several other relatives and friends. He was preceded in death by his parents Godrick and Geraldina Williams. The family extends their sincerest thanks for all the love and support they have received In lieu of flowers a donation to your nearest ASPCA in his honor will be greatly appreciated.

Norma Ramsey-Boulware passed away on March 6, 2022 at Meadowbrook Care Center in Long Island, New York, surrounded by loved ones. Her battle with cancer showed her courage and resilience in facing life's challenges with style and a smile. Norma was born in Panama and she attended the *Instituto Panamericano (IPA)* and also La Boca Occupational High School in the Canal Zone. In 1957 she exchanged marriage vows with Prince Boulware and in 1958 they emigrated to the United States and subsequently became the parents of two children. Norma always enjoyed fashion and this was reflected throughout her life by her exquisite style and impeccable flair for fashion. For more than 22 years Norma worked for Chemical Bank now Chase Bank and she served as Assistant Vice President at Chase Manhattan Bank in Far Rockway. Norma enjoyed traveling, shopping and dancing and was renowned for her cooking. She will also be remembered as an outgoing and friendly person who enjoyed and embraced people from every walk of life. A celebration of her life was held on March 19 at the Gospel Truth Church of God in Brooklyn. Among survivors are her sons Antonio Boulware and Derrick Boulware; her brothers Alvan Ramsey, Wallace Eddie Ramsey (spouse Carol); her sister Avenal Haynes, one grandson; several cousins, nieces and nephews.



Hector Miguel DeSouza Jr., 73, passed away on April 6, 2022, in Tennessee. He was a 1967 graduate of Rainbow City High School and received his Bachelor's degree in Electrical Engineering from the University of South Florida. Hector retired from Tennessee Valley Authority as an Electrical Engineer after many years of service. He was a member of Silverdale Baptist Church. A celebration of his life was held on April 12 at the Taylor Funeral Home in Chattanooga, Tennessee. Interment followed on April 13 at Lakewood Memory Gardens East in Chattanooga. Among survivors are his wife Brenda DeSouza (to whom he was married for 38 years); his sons Michael DeSouza (spouse Tracy) and Marco DeSouza (spouse Calena); his daughters Lacye DeSouza and Caron (spouse Cervernie); 4 grandchildren; 2 great-grandchildren; brothers Dario DeSouza (spouse Gloria) and Ruben DeSouza (spouse Thomasina); sisters Patricia DeSouza, Lilia DeSouza and Antonia DeSouza-Sobers; several nieces, nephews, great-nieces, great-nephews, cousins and other relatives and friends. Hector was preceded in death by his parents Hector M. DeSouza Sr. and Joyce A. DeSouza.



Actividades - Abril

ABRIL: MES PARA EL PAGO DE INMUEBLES Y DÉCIMO TERCER MES

Fri. April 15 **Día Nacional: Viernes Santo – Good Friday National Holiday (variable date)**

Fri. April 15 **Info: U.S. Income Tax Day**

Fri. April 15 **Pago del Décimo Tercer Mes (primera partida) – 13th Month Bonus**

Fri. April 15 **Aniversario 102 de la Fundación Hogar de Niñas de la Capital**

Fri. April 15 **Aniversario del Incidente de la Tajada de Sandía (1856)**

April 15-22 **Pesach or Passover, Jewish Holy Day**

Sun. April 17 **Domingo de Resurrección – Easter Sunday (variable date)**

Sun. April 17 **AAPU Easter Sunday Gala Extravaganza**

Sun. April 17 **Aniversario de la Fundación del Distrito de Changuinola, Bocas del Toro**

Sun. April 17 **Lotería Extraordinaria (tercer domingo) (se transfiere al lunes 18 de abril.)**

April 21-May 01 **Feria Internacional de Azuero, provincias de Herrera y Los Santos**

Fri. April 22 **Día Internacional de la Tierra-International Earth Day (1970)**

Sat. April 23 **Día Mundial del Libro y del Idioma Español-World Book/Spanish Language Day**

Sat. April 23 **Aniversario de TVN-Canal 2 (1962)**

Mon. April 25 **Aniversario de la Fundación Pro Niños de Darién (1990)**

Mon. April 25 **Día del Escritor Panameño-Panamanian Writer's Day (2001)**

April 25-29 **Semana de las Secretarias – Secretaries Week (last full week)**

Tue. April 26 **Fiesta Patronal de la Divina Misericordia en Santiago, Veraguas**

Wed. April 27 **Fiesta Patronal de Nombre de Dios, Colón**

Wed. April 27 **Día de las Secretarias - Secretaries' Day**

Fri. April 29 **Aniversario de los Corregimientos de El Chorrillo, Calidonia, San Felipe (1915)**

Fri. April 29 **Día Internacional de la Danza – World Dance Day (1925)**

Sat. April 30 **Día Internacional de Jazz – International Jazz Day (2011)**

Future Activities

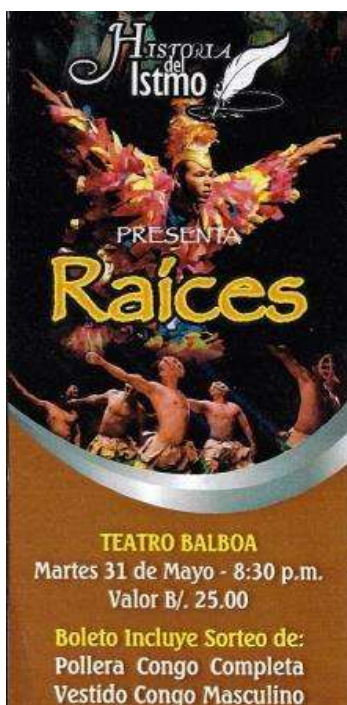
Our next CyberNews partial transit of the Canal will be on **Saturday, August 13, 2022 at 7 a.m.**

COMMEMORATING THE 108TH ANNIVERSARY OF THE PANAMA CANAL.



Alonso and Carmela Gobern, CyberNews Editors, are travel coordinators for the M/V Pacific Queen, for more than 10 years. If you would like to join this transit or any other, feel free to contact goberncl@cwpanama.net for reservations. Cost is \$75 each (for nationals or local residents), \$65 for "Jubilados" and \$135 each (for visitors or non-Panamanians)

Please note that there are transits every Saturday and Sunday; however, when we organize the transit we accompany the group and we have little *Welcome Packets* to make the transit even more special.



El show folklórico Raíces en conmemoración del Mes de la Etnia Negra, bajo la dirección de Aris Acosta, se llevara a cabo el martes 31 de mayo a las 8:30 p.m. en el Teatro Balboa. Raíces es una producción de música y baile presentando la Historia del Istmo. **Boletos ya están a la venta por \$25 e incluye Sorteo de Una Pollera Congo Completa y un Vestido Congo Masculino.** Para apoyar a Aris Acosta tenemos boletos disponibles. Sirva comunicarse con Carmela al teléfono (507) 6675-4507 o al correo electrónico goberncl@cwpanama.net



Aris Acosta, Director

El *Gran Ballet Folklórico Panama Fuerte Raza* bajo la dirección de Hector Ibarra presenta *Panama Negro 2*, para celebrar el Mes de la Etnia Negra.

Domingo 1 de mayo de 2022 a las 5:30 p.m. en el Teatro Balboa. Boletos a la venta \$10 en teléfono (507) 6412-3083 o en la oficina del Museo Afroantillano. *No soy descendiente de esclavos; yo desciendo de seres humanos qué fueron esclavizados.*



Hector Ibarra



WEB SITES

Shared by Subscriber Carlos Morgan: New Cruise Terminal in Panama City:

<https://philipjamesrealty.com/new-cruise-terminal-in-panama-city/>

Shared by Miroslava Herrera: Aquí le comparto una nota sobre los anuarios de la Zona del Canal que están en la Biblioteca de la ACP. La Biblioteca puede hacer tours guiados en el edificio.

<https://elfarodelcanal.com/vida-en-los-anuarios/>

Shared by Subscriber Lorna Chandler: Wayne Dyer ~ Do Not Go Back To Sleep [What It Means To Wake Up At 3 am]: <https://www.youtube.com/watch?v=mWn9NKtpJ2U>

Shared by Subscriber Marcia Henry:

Healing Cancer From Inside Out: <https://www.youtube.com/watch?v=fRKbtWblICE>

Shared by Subscriber Lloyd Perkins: Mind Your Dollar: Some great tips:

<https://mindyourdollars.com/slideshow/use-wd-40-in-crazy-ways/>

Magical Holiday Celebration: Shaggy - Jamaican Drummer Boy:

<https://www.youtube.com/watch?v=0GeF4lwibW0>

Shared by Subscriber Ricardo Richards: Barriga llena, o cerro Patacón interno:

<https://www.laestrella.com.pa/opinion/columnistas/220409/barriga-llena-cerro-patacon-interno>

Shared by Subscriber Leticia Thomas: Senate holds final vote on Judge Ketanji Brown Jackson's confirmation to Supreme Court | full video: <https://www.youtube.com/watch?v=RyyAIM7iq3I>

Shared by Subscriber Roberto Anderson: The Ross Sisters: This was in 1944! During the first 50 seconds they are singing, but what follows is absolutely amazing!

<https://www.youtube.com/embed/61cY1Lv60k?rel=0&autoplay=1>

Shared by Roberto Morgan: Discover Brazil with Antonio Roberto Morgan:

<https://www.indus.travel/tour/discover-brazil-with-antonio-morgan/>

Shared by William Donadio: Sastrería Donadío, donde se viste el caballero Elegante de Colón.

<https://www.elistmopty.com/2019/04/sastreria-donadio-donde-se-viste-el.html>

Shared by Editor Carmela Gobern: Ocu recibe reconocimiento como uno de los Pueblitos más lindos de Panamá: https://www.telemetro.com/los-pueblitos-mas-lindos-notas/los-pueblitos-mas-lindos/ocu-recibe-reconocimiento-como-uno-los-pueblitos-mas-lindos-panama-n5687835?utm_source=OS_Push+&utm_medium=Push&utm_campaign=Push_Telemetro

https://www.telemetro.com/los-pueblitos-mas-lindos-notas/los-pueblitos-mas-lindos/ocu-recibe-reconocimiento-como-uno-los-pueblitos-mas-lindos-panama-n5687835?utm_source=OS_Push+&utm_medium=Push&utm_campaign=Push_Telemetro

“UN POCO DE HUMOR”

Late Night Hosts REACT to Will Smith SLAPPING Chris Rock:

<https://www.youtube.com/watch?v=X1XZHu89j7Q>

Stay safe,

Carmela Lowe Gobern

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